



## **NewNature 200 hour Yoga Teacher Training Course**

### **Application form**

Date: 2<sup>nd</sup> March 2020 – 27<sup>th</sup> March 2020

Location: NewNature Studio, Sint Jorisplein 1, 7061CN Terborg, Netherlands

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#### **Accommodation – please select your preferred choice of accommodation**

3 person shared bedroom – Double shared bedroom – Single bedroom

#### **Personal information**

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Gender: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

Zip code: \_\_\_\_\_

Country: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Date of birth (DD/MM/YYYY): \_\_\_\_\_

Nationality: \_\_\_\_\_

How did you hear about the NewNature teacher training program?

Internet search / Facebook / Friend / Other: \_\_\_\_\_

**Emergency contact**

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Mobile phone number: \_\_\_\_\_

Relationship: \_\_\_\_\_

**Yoga experience**

How long have you been practicing yoga?

\_\_\_\_\_

Which style(s) of yoga do you practice?

\_\_\_\_\_

Do you have any experience teaching yoga?

\_\_\_\_\_

**Substances and special diet**

Have you used tobacco, alcohol, recreational drugs or illicit substances in the last 12 months?

\_\_\_\_\_

Do you currently continue to use any of these substances? If yes, please specify which substance and frequency of use

\_\_\_\_\_

**Please note that the use of tobacco, alcohol and any other drugs is strictly prohibited during the NewNature yoga trainings and can lead to immediate expulsion from the course. Please consider carefully before applying that you will be able to discontinue the use of any such substances during the entire duration of the course.**

What is your primary diet?

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Please mention in case you have any allergies or special dietary needs

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**We try to accommodate dietary requirements as much as possible, however please check with us to inform about the possibilities.**

### **NewNature Code of Conduct**

NewNature's mission is to create a safe environment to promote spirituality, ethical behaviour, respect and trust. To ensure this environment, we ask all students' cooperation by following the NewNature Code of Conduct below. Please read it carefully.

- The student's behaviour and attitude should respect yogic culture and enhance the spiritual atmosphere of NewNature. The course is not and should not be treated as a social club or resort.
- Students should show mutual respect, enhance civil and congenial relationships and their behaviour should be free from all forms of harassment and violence. Students are expected to be open to different ideas and backgrounds and be ready to exchange ideas openly, honestly and respectfully.
- Respectful language is expected throughout the course. Bullying, gossiping, spreading of rumours is not accepted and may lead to immediate expulsion.
- The use of tobacco, alcohol and non-prescribed drugs is not allowed at the ashram and may lead to immediate expulsion.
- Students are expected to respect celibacy as part of the spiritual discipline. Public displays of affection and public nudity are not allowed.
- After 9:30 PM, lights are out and silence is to be maintained.

- Use of electronic gadgets like mobile phones, tablets, laptops,... is not allowed in the yoga hall and common areas. Please restrict the use of electronic gadgets to the private room.
- Participation to all classes is mandatory. Not attending classes can result in not receiving the teacher certificate.
- Photography, video and audio recording is not allowed during the classes without prior consent of the lead teacher.

### **Full disclosure**

- By completing and signing this form I confirm that I have provided true and complete information. I confirm that I am in good physical and mental health to follow the training. I am aware that I am responsible for my own wellbeing during the course. NewNature cannot be held liable for any injury or health problem during the course.
- I confirm that I have read the Code of Conduct above and I am aware that not following the code of conduct can result in immediate expulsion from the course.
- I accept that paid fees are not refundable in any circumstance. I am aware that my seat may be given to other applicants if I do not respect the payment deadlines.

*\*Applicants will receive confirmation within 2 working days of applying whether they have been accepted to the teacher training course. Make sure to also check your spam inbox.*

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

*As this is a digital form, typing your name will be treated as a signature.*

**Please email the completed form to: [info@newnature.be](mailto:info@newnature.be)**